

# Youth Governor's Leadership Foundation Program

## Why a youth leadership program?

This program helps teenagers develop into confident, resilient, and empowered young people who will be socially responsible change agents primed to make a difference in the community. Through fun, challenging and collaborative activities, teenagers will become more self-aware, be inspired to think 'we' not 'I' and learn how to help others through a hands-on project.



## What do teachers say?

*"A well-structured program of interesting learnings and activities that truly engaged the girls and allowed them to self-reflect and unlock their potential in a friendly and supportive environment".*

*"An excellent program designed to develop confidence, self-awareness and understanding about the students as individuals, moving into their impact and responsibility as members of a wider community. Thank you for your inspirational leadership and guidance."*

*"The program supports students to learn about themselves, to identify their strengths and use them to their advantage, whilst also understanding and developing empathy for the world they live in."*

## Who is this program for?

This program is designed for students in Year 10 from a diverse mix of backgrounds and schools. Our previous programs with students this age have seen students grow significantly and become more confident, learn new skills, become more reliable, self-directed and aspire to leadership.



## How will students develop?

Students develop through understanding their own personalities and embracing their uniqueness rather than trying to compete with others or be someone they are not. With this self-acceptance comes the realisation of their own power and the growth of a more confident and well-rounded person, able to see other perspectives.

The three key elements are:

- ✓ Grow yourself
- ✓ Mobilise others
- ✓ Community leadership

## What do students say?

*"This is a life-changing program that had made me work on myself to become a better individual for this planet"*

*"It gave us teens an opportunity to be engaged with community and develop confidence and professionalism as young leaders"*

## How will students learn?

Designed to be experiential, the four-month program involves an overnight camp, small group work and interactive sessions.

Students will also apply their learnings through a 12-week community action project, working in small diverse teams to progress a challenge for a not-for-profit organisation. Each project team will be supported by a mentor who will be a senior SA leader who is an alumni of our Governor's Leadership Foundation program.

Students will also be paired and learn how to be supportive, safe and nurturing peer coaches for each other.



## Schedule and investment

\$1,500 plus GST. Some scholarships will be available to support students who are Aboriginal or Torres Strait Islander people, have a school card, new migrants or living with a disability. Register interest in a scholarship when you apply.

Calendar	April	May	June	July	August
<b>Event/Check Ins</b>	Overnight Camp April 9 <sup>th</sup> -10 <sup>th</sup>	Face 2 Face May 3 <sup>rd</sup> & 19 <sup>th</sup>	Face 2 Face June 2 <sup>nd</sup> & 16 <sup>th</sup>	Face 2 Face July 1 <sup>st</sup>	Graduation and group presentations August 18 <sup>th</sup>
<b>Community Action Project</b>	Zoom Project Meeting April 12 <sup>th</sup>	Zoom Project Meeting May 10 <sup>th</sup> & 24 <sup>th</sup>	Zoom Project Meeting June 9 <sup>th</sup> & 21 <sup>st</sup>	Projects Finish	Final Practice (F2F) August 4 <sup>th</sup>

## How to apply...

Applications open on 7 February 2022 and close on 15 March 2022. Head to our website to apply at [www.leadersinstitute.com.au](http://www.leadersinstitute.com.au)

We also offer tailored school-based programs. For more information, contact the Leaders Institute at [hello@leadersinstitute.com.au](mailto:hello@leadersinstitute.com.au)

## About the Leaders Institute of South Australia and our Facilitator

We are not-for-profit provider of innovative, holistic leadership development programs, including the Governor's Leadership Foundation program. Over the past 21 years we have helped develop thousands of leaders, from CEOs to school students. Our graduates have IMPACT – creating positive and sustainable change for individuals, organisations and the wider community.

Our youth programs facilitator Genevieve Hodge has delivered highly successful, values-based youth leadership programs for Curtin University, the Zonta Club and Spire. She is a certified coach with a Masters of Education (Leadership, Policy, and Change), a Post-Graduate Certificate of Coaching, a Bachelor of Business and a Certificate IV in Training and Assessment.

