



into the new century
1919-2019

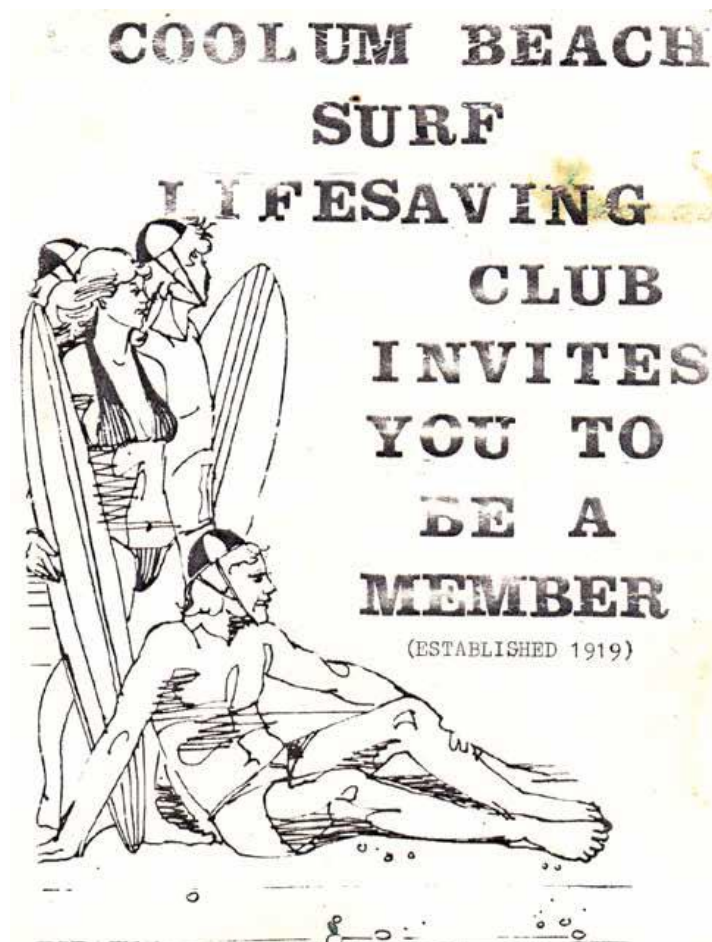


MEMBERS HANDBOOK

2020 / 2021

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Dear Member,

As a member of Coolum Beach Surf Life Saving Club you are part of one of the most recognised and respected volunteer organisations in Australia.

Our club was established in 1919 and has been a big part of the Coolum Beach community for the past 100 years.

There are more than 30,000 members of Surf Lifesaving Queensland and 150,000 of us throughout Australia. Queensland has approximately 60 Surf Life Saving Clubs, from Port Douglas near Cairns to Coolangatta on the Gold Coast.

There are many other parts of Lifesaving in Queensland, apart from the Surf Club's, that you can qualify to be a part of - the SLSQ Jet Ski Rescue Service, the Westpac Helicopter Rescue Service, specialist First Aid Services, SLSQ and Sunshine Coast Branch Radio Communications Disaster Management Services and Education Services to name some of the main areas.

Above all, you are part of an iconic volunteer movement and a proud club which not only helps the local community but adds value to the lives of our members.

During your time with the club, you will make lifelong friendships, develop first aid, leadership and personal skills, improve your health and fitness and be part of a community unlike any other.

The information in this Handbook for Coolum Beach Surf Lifesaving Club SLSC will provide you with insight into our club and the wider association.

See you on the beach.

Ian Norman

President

Coolum Beach Surf Life Saving Club



Staying COVID Safe

Since April 2020, Coolum Beach Surf Lifesaving Club has been committed to keeping our members and the wider community safe during the COVID-19 outbreak.

The club's Covid response plan is in-line with Government regulations and health advice and will continue to be implemented throughout the 2020/21 season. Whilst the end of the 2019/20 season saw the club reduce to surveillance only patrols, we are pleased to resume the 2020/21 season with full patrols as per Surf Lifesaving Queensland advice. However, there are still a number of restrictions in place that require members to adhere to:

The Basics

- Stay home if you are not well
- Practice good personal hygiene, wash your hands with soap and water and avoid touching your face
- Maintain the social distancing of 1.5 metres
- Ensure you understand and comply with the maximum number requirements for each space
- If you have your own equipment don't share it
- If you are using club equipment make sure it is sanitised before and after use

Patrols

- Sign on for all patrols now via the i-pad, you must do this yourself
- When on patrol make sure you maintain 1.5mtrs social distancing
- Patrol equipment needs to be sanitized before and after each patrol
- When dealing with the public ask if they have cold or flu like symptoms or have been in contact with someone who has a positive diagnosis

Member Access

- The member areas are for club members ONLY
- The club actively discourages members bringing a non-member visitor to the member only areas. If there is a specific need, approval must be sought from the club President, Secretary or Captain
- No more than 20 people in the outdoor member's area at any one time, social distancing of 1.5mtrs must be maintained. Chairs only to be used at this time, no tables.
- The Admin Office is available by appointment only, temperature testing will be required
- Inside common rooms, kitchen and member toilets and showers will remain closed until patrol season starts

Gear Shed

- No more than 2 people at any one time, social distancing of 1.5mtrs must be maintained
- Wash down and sanitise all equipment used after use
- Don't touch or move any one else's equipment

Club Gym

- Should be at least two members for member safety
- Strictly no more than 4 members at any one time social distancing of 1.5mtrs must be maintained
- Prior bookings essential, sign-in and sign-out required
- Equipment to be sanitized before and after use
- Use of gym requires authorized approval by the Club Captain and Surf Sports Officer

Please note that these restrictions are subject to change in line with Public Health and SLSQ Advice

OUR HISTORY



1919
The Reel Deal
Royal lifesavers from Brisbane present Coolum locals with the first surf reel on Easter Sunday



1949
Black Boxing Day
Reduced to just two club members, the club sees stalwarts Ron Want and Keith Peterie get the club back up and running.

1980
The Female Wave
Shaun Kennedy helps break tradition and is the first of many females to pass her Bronze.



2019
Centenary Year
The club celebrates 100 years of service.

1990
Simply the Best
The awesome under 18 double ski team of Michael Daly and David Prior breakthrough for the club's first ever Aussie gold.

1936
Made to Order
Coolum's first purpose-built clubhouse, costing £300, is officially opened.



1962
Shark Tower Icon
Our new clubhouse opens. Designed by life member Peter Lambert the distinctive shark tower becomes a local landmark.

1977
Duck Power Arrives
Coolum joins the IRB rescue revolution with the first purchase of a rubber duck.



2009
Bigger and Better
The club unveils a major refurbishment of the club which puts our offer to the public on the top floor - best view of the coast!

THE ORGANISATION

Surf Life Saving Australia (SLSA) is a foundation member of the International Lifesaving Federation (ILS), through which it maintains contacts with other 'lifesaving nations' and develops lifesaving expertise around the globe. This is part of SLSA's broader international humanitarian efforts as a non- government organisation.

SLSA is a highly federated and geographically dispersed corporate body with several organisational layers incorporating 305 local Surf Life Saving Clubs, 17 regional branches in NSW and Queensland and 7 state and territory centres.

From its earliest days, SLSA's motto has not changed:

"VIGILANCE AND SERVICE"

Surf Life Saving Queensland (SLSQ) is the Queensland state body and is situated at Surf Rescue House in South Brisbane. Queensland has 59 clubs and 6 branches servicing the coastal areas from Port Douglas in the north, to Rainbow Bay on the NSW border. Coolum Beach Surf Life Saving Club (SLSC) is affiliated to SLSQ and the Sunshine Coast Branch, and is one of 15 clubs on the Sunshine Coast.



HISTORY OF SURF LIFESAVING

Surf Life Saving in Australia came about through the efforts of people who defied the law! To explain, at the start of the last century, people had the view that the human body in a bathing costume was indecent. Hence the law stipulated that bathing was prohibited during daylight. Also, genders were segregated whilst bathing.

The origin of Surf Life Saving can be traced back to the actions of Mr William Gocher, at Manly Beach in September 1902. Similar actions by others who defied the law by bathing during the prohibited time (daylight hours) forced the laws to be changed. The now very popular recreational and sporting pastime, surfing, began to grow into what it is today – part of the Australian way of life.

As surf bathing grew rapidly in popularity, its dangers equally rapidly became apparent and a small group of experienced and regular surfers formed lifesaving clubs to assist those who needed rescuing from an unfamiliar environment. As these clubs grew in size and number, the need arose for collaboration to raise funds and to improve lifesaving techniques. This resulted in the formation of the New South Wales Surf Bathing Association in 1907. This was later renamed Surf Life Saving Australia.



HISTORY OF THE RED AND YELLOW

The red and yellow flag was initially used with great success in World War I, particularly by ships. When flying at full mast this flag indicated “man overboard” and all friendly ships in the vicinity immediately commenced search procedures.

On 25th April 1915, the red and yellow flag was hoisted to symbolise mateship on the shores of Gallipoli. In order to ensure that the ANZACS could easily recognise friend from foe, the red and yellow flag was used to signal a safe haven for their own.

Upon returning from overseas service, Australian soldiers saw the need, in the early 1920s, to establish a universal sign to indicate safe swimming areas on Australian beaches. The red and yellow was adopted as that sign on Australian beaches at the instigation of these men who saw the flag as a representation of the years of mateship, service and above all, a duty to protect others.

The red and yellow flags have become an Australian icon, representing a culture founded on the need to be a true mate and put others first.

The red and yellow cap derives from the red and yellow flag and ensures that Lifesavers are easily identifiable by the public, thereby providing beach goers with the same security they enjoy when they see the flags flying.

COOLUM BEACH SURF LIFE SAVING CLUB GENERAL INFORMATION

MANAGEMENT COMMITTEE

The Club's Management Committee is responsible for the management of the lifesaving activities, day-to-day operations and functions of the club in accordance with the club's Constitution and By-Laws, and Surf Life Saving Queensland and Surf Life Saving Australia policies.

There are nine voting positions on our Management Committee with each position filled on a volunteer capacity. Nominations are submitted and voted on at the Annual General Meeting.



Ian Norman
President



Dan Rogers
Deputy President



Tom Swete-Kelly
Secretary



Shane McKenzie
Treasurer



Mick Sell
Club Captain



Greg Bott
Surf Sports Officer



Lyndsay Crofton
Chief Training Officer



Kate Stockley
Member Officer



Andy Johnson
Junior Activities Chairman

CLUB OFFICER ROLES

The club will also have many other officer positions that contribute to the running of the club and provide assistance to the Management Committee such as First Aid Officer, Youth & Cadet Officer, Gear Steward, IRB Officer, Board and Ski Officer, Vice Club Captain, Radio and Communications Officer.

If you are interested in becoming a member of the Management Committee or a Club Officer, please speak to one of the members listed above to find out more information and expectations of the various roles.

CLUB ADMINISTRATION

The Club's Management Committee is supported by our Administration Officer to provide assistance to club officers and members to keep the club running smoothly. The team can be contacted for a range of general enquiries including;

- Membership application
- Blue Cards
- Work-cover applications
- Facility Key
- General Enquiries

Lifesaving Administration Officer

Carla Gilbert

admin@coolumsurfclub.com.au



CONTACTS

Club officers are your first point of contact if you have any queries related to the various aspects of club life.

Officer	Contact	Enquiry
Secretary	secretary@coolumsurfclub.com.au	General correspondence for Management Committee consideration Member Grievance enquiries
Club Captain	clubcaptain@coolumsurfclub.com.au	Patrol allocation Uniforms General patrol queries
Treasurer	treasurer@coolumsurfclub.com.au	Sponsorship Fundraising
Chief Training Officer	training@coolumsurfclub.com.au	Skills assessment New award courses Bronze and SRC courses Interest in becoming a club trainer or assessor
Surf Sports Officer	surfsports@coolumsurfclub.com.au	Interest in joining a surf sports team Training enquiries Coaching enquiries Interest in becoming an Area Captain
Junior Activities Chairman	jac@coolumsurfclub.com.au	Nipper membership Nipper Carnivals Age Management and Water Safety
Member Officer	memberofficer@coolumsurfclub.com.au	General membership enquiries Membership development programs



STRATEGIC PLAN 2019 TO 2023

OUR VISION

The heart of Coolum since 1919... your club for Life

OUR VALUES

Unity • Fairness • Integrity • Respect

OUR MISSION

With pride and passion, we will...

- Engage the community
- Uphold the traditions of Surf Lifesaving
- Maximise every members potential
- Keep the beach safe



KEEP THE BEACH SAFE

Make Coolum Beach the safest and friendliest beach.

SKILLED AND CAPABLE MEMBERS

Excellence in the delivery of innovative and effective training programs.

COMPETITION SUCCESS THROUGH PARTICIPATION

Increase Surf Sports participation to enhance rescue skills, encourage fitness & achieve competition success.

THE MEMBERS CLUB

Every member is able to achieve their full potential and is included in all facets of club life.

SUSTAINABLE FINANCIAL PERFORMANCE

Ensure that we have the financial capability to meet the clubs needs now and into the future.

THE BENCHMARK FOR OTHER CLUBS

A clear strategic vision executed through strong governance disciplines.



CLUB CONSTITUTION, BY-LAWS AND POLICIES

The two guiding documents for the governance of the Coolum Beach Surf Life Saving Club are the club's Constitution and By-Laws which have been endorsed by the Club Council and are in line with SLSA and SLSQ Constitution and By-Laws.

As an affiliated club to Surf Life Saving Queensland and Surf Life Saving Australia, the club also adopts the policies of these two organisations.

The Club's Constitution and By-Laws allows us to develop and adopt policies to cover club specific activities. These documents are available on the club's website and on Team App.

A number of policies have been endorsed by the Management Committee including:

- Competitor and Team Support Funding Policy
- Board and Ski Allocation Policy
- Equipment Funding Policy
- Purchasing Policy
- Sponsorship Policy
- Vehicle Replacement Policy

The Club's Constitution and By-Laws and all club policies are available on Team App and the club's website and it is recommended that all members make themselves familiar with these documents.

CLUB COMMUNICATIONS

Informing members on day-to-day matters is mostly done via the weekly email bulletin (Coolum Weekly) Team App. All members should download Team App to their smart phone via the App Store and search for 'Coolum Beach SLSC' to request access. Members will be granted access via the administration office and can select groups they would like to be part of based on their involvement with the club.

Coolum Weekly is circulated each week via email and also uploaded to Team App. The newsletter highlights important events passed and give detail on upcoming events so please keep an eye out on your email to stay updated.

You can also log on to your own Member's Portal, available through the club website which will give you access to your patrol team's roster as well as your current awards. This is also where you can renew your membership online and update your personal details.

Information regarding upcoming events, activities and training opportunities along with patrolling and surf sports calendars can be found on the club's website www.coolumsurfclub.com.au



MEMBERSHIP

MEMBERSHIP CATEGORIES

The following Membership Categories are used by SLSA and the club :

Membership Category	Membership Type
Junior Membership	<ul style="list-style-type: none">Nippers – 5 to 13 yearsCadets – 13 to 15 years
Active Membership	<ul style="list-style-type: none">Active PatrollingReserve ActiveAward
Associate Membership	<ul style="list-style-type: none">AssociateProbationaryLeave / Restricted
Honorary and Service Membership	<ul style="list-style-type: none">Long ServiceHonoraryPast-ActiveLife Member

ANNUAL MEMBERSHIP AND FEES

The Coolum Beach SLSC membership year is from 1st July to 30th June each year. Membership Fees are reviewed and endorsed at each Annual General Meeting and are available from the administration office.

MEMBERS PORTAL

All members should create an account in the SLSA Members Portal. The portal is a self-management system where members can access their patrol roster, complete online training, renew and update membership, search their record of achievement and history of membership and much more. All Surf Life Saving Australia and Surf Life Saving Queensland policies are located on the Members Portal. To obtain a login, please visit the SLSQ website or click on the link on the club website <http://lifesaving.com.au/members-portal/>



The screenshot shows the 'MEMBERS AREA' login interface. At the top is the Surf Life Saving Australia logo. Below it are two input fields for 'Username' and 'Password'. A red 'LOG IN' button is positioned below the password field. A yellow box contains the text: 'Don't have a Members Area account yet? [Click here to create one](#)'. Below this are three blue links: 'Forgotten username or password?', 'Click here to resend your confirmation code', and 'Click here to enter your SMS confirmation code'. At the bottom, it says 'Not a member of a surf club? [Click here to join](#)'.



MEMBER PRIVILEGES

Being a financial, active member of Coolum Beach SLSC provides members with access to club facilities, approved patrolling and surf sports equipment and a range of other benefits.

Club Gym and Amenities

All financial, active members have access to the club gym which is located on site to help you maintain good health and fitness while being able to work out with club mates and team members. This gym is maintained by the club Gym Committee and offers a wide range of equipment for use by club members. Please note that, if you choose to use this gym, you are doing so at your own risk and you are not covered by insurance for this activity.

As with the gym, all financial, active members also have access to the amenities available inside the club. These amenities are available for members only and it is you should do not allow non-members into these areas unless it is during a club sanctioned event.

Members are provided with their own key that allows them access to the gym and amenities. These are available from the administration office.

Surf Sports, Coaching and Fitness

All members have access to club organised surf sports and craft training with a number of sessions being run each week across a range of disciplines including sand and beach; board training; ski training and swimming. The training timetable can be located on Team App and all members are encouraged to attend.

The club also provides members with financial subsidies for swimming squad training sessions at both the Coolum-Peregian Aquatic Centre and St Andrew's Aquatic Centre. Please contact admin@coolumsurfclub.com.au

Supporters Club Membership

One of the many benefits of being an active member of the lifesaving club is complimentary reciprocal membership with our award-winning Supporters club with a 30% discount on meals at the restaurant and an Active Members discount on beverages at the bar.

Members over the age of 18 years receive automatic membership to the Coolum Beach Surf Lifesaving Supporters Club.

Please ensure you respect your fellow members and the club facilities and ensure you comply with the relevant guidelines available on the club's noticeboard, website and on Team App which outline the conditions of use of these facilities.

MEMBER DEVELOPMENT

A variety of member development programs are offered by the club, Sunshine Coast Branch and Surf Life Saving Queensland.

These programs provide an opportunity for members to be exposed to the many elements of Surf Life Saving.

The programs encompass team building, personal development and leadership based elements, which also aim to retain Junior Activities members and assist in their transition to the senior club.

Some of the key programs that Coolum Beach SLSC has been involved in and actively encourages participation in are:

- Youth Involvement Program (YIPS)
- Camp Commando
- Pulse Advanced Lifesaving Program
- SLSQ Surf Woman Program

Contact the club's Member Officer via email at memberofficer@coolumsurfclub.com.au for more information and to express your interest in being involved!





YOUTH DEVELOPMENT

Young people are the future of lifesaving within our club and we aim to provide our younger members with the opportunity to make friends and learn new skills in fun environment.

The club aims to achieve industry leading youth retention rates and grow the lifesaving leaders of the future by:

- providing all youth members with the opportunity to grow and develop
- putting in place structured training, development and social opportunities targeted at our youth members
- being a great place to be if you want to be involved in lifesaving

Alongside the many member development programs outlined previously, the club has been running the Youth Engagement Program (YEP) for a number of years as a great way to keep our younger members engaged in club life.

YEP is a recognition and reward program that is self-paced and can be completed in circa three years depending on the member. Participants collect points for being involved in a range of lifesaving activities. The more activities they engage in and the more hours they volunteer, the greater the points collected. YEPs is designed to encourage youth participation in all areas of club activity including:

- Lifesaving
- Development
- Competition
- Junior Activities (nippers)
- Youth Activities
- Club Activities
- Community Project (Gold level only)

Participants can choose their level of involvement and the areas that they are specifically interested in. By collecting points, three levels of achievement can be attained which include Gold, Silver and Bronze. Great prizes are on offer to participants who achieve each of the levels.

Many of our young members also attend the Sunshine Coast Branch Youth Ball. This is a great night for our members to hang out with their club mates, meet new friends from other clubs and proudly represent Coolum Beach Surf Life Saving Club.

For more information regarding our youth development programs, please contact the Youth and Cadet Officer via email to youth@coolumsurfclub.com.au

NIPPERS

The Coolum Beach Surf Life Saving Club Nipper program runs each Sunday morning from Sunday through to between October and March each year and caters for ages 5-14yrs. Lifesaving is something for the whole family to get involved in and there are many supporting roles that parents can play.

Coolum Beach Nippers is dedicated to a program that is ideal for all children, to:

- grow their skills to be safe at and enjoy the beach
- become surf lifesavers
- compete at surf carnivals

The club has on average 200 Nippers in our Nipper program who are supported by parents and family members, many of whom are also active members of the club.

The Nippers program requires support from parents and other volunteer members in the form of Age Managers and Water Safety both on Sunday mornings and at the many carnivals they attend each season.

For more information and to express interest in being involved in our Nipper Program, please contact the Junior Activities Chairman via email to jac@coolumsurfclub.com.au



LIFESAVING

TRAINING AND AWARDS

The club provides training on behalf of Surf Life Saving Queensland (SLSQ). SLSQ is a nationally registered training organisation and all courses are delivered to meet government training regulations. Training courses at the club are delivered by a qualified team of motivated volunteer trainers and assessors under the guidance of the club's Chief Training Officer.

The club's training program is designed to provide our members with all the skills required to safely patrol the beach, provide effective first aid and save lives through resuscitation methods.

To be an active patrolling member of the club, each member (15 years and over) is required to successfully complete the Bronze Medallion, which is the basic requirement to become a lifesaver. Once you have attained your Bronze, there are also many other opportunities to gain additional lifesaving awards including

- IRB Driver
- IRB Crewman
- Advanced First Aid
- Advanced Resuscitation Techniques
- 4WD Driver
- Silver Medallion Basic Beach Management (Patrol Captain requirement)
- Training and Assessing Certifications

Other members who don't wish to gain a Bronze Medallion can help by providing a support role on patrol through one of the following awards: Surf Rescue Certificate, Radio Operator, Resuscitation, Advanced Resuscitation or First Aid. These members are called Award Members.



SKILLS MAINTENANCE

Skills maintenance assessments are required to be completed annually, before 31st December each year, to ensure all lifesaving and rescue skills remain current.

The annual Bronze Medallion/SRC Skills Maintenance includes:

- Online theory paper
- Dry theory assessment covering signals, radio protocols, first aid scenarios and resuscitation techniques
- Beach skills assessment covering board rescue, tube rescue, beach carries, run-swim-run and any other water-based activities e.g. spinal and first aid scenarios

Most lifesaving awards will require you to complete an annual skills maintenance to assess skill level and ensure currency. Failure to successfully complete the skills maintenance requirements will result in your awards being deemed 'not yet proficient' and you will be unable to perform patrol duties until rectified.

The club will arrange skills maintenance dates at the start of the season and all dates will be advertised on the club notice board, club website and via Team App.



BEACH PATROLS

Patrolling Coolum Beach and keeping beachgoers safe is what we do. Patrols are the most important component of club life and are the reason Surf Life Saving exists.

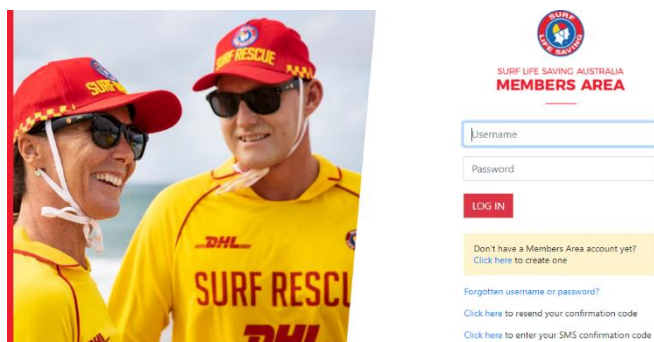
As an Active Member, you are expected to attend each of your rostered patrols. These will normally be a half day once a month. Each patrol team has a Patrol Captain (PC) who is responsible for coordinating and leading the patrol members. Your PC is your point of contact for any issues or concerns when you are on patrol.

Patrol Types

- Rostered – your regular rostered patrol
- Substitute – you have swapped a patrol with another member
- Voluntary – you are not rostered or subbing for somebody, you sign on as a voluntary patrol
- Water Safety – when signing on to perform training, competition or Nippers water safety

The patrol roster is made available to members at the start of the season on the club's website, noticeboards and on Team App. If you are unable to attend your allocated patrol, you **MUST** contact your Patrol Captain and advise them of the situation and arrange a substitute.

Your team patrol roster can be accessed through Member's Portal, link available via the club's website



OUR CURRENT PATROL CAPTAINS ARE

Patrol Number	Patrol Captain
1	R Cornachia
2	D Edgerton
3	D Rogers
4	R Davies
5	M Nagle
6	J Sweetman
7	G King
8	G Bott
9	J Roderick
10	W Porter
12	C Smithies
13	D Cush
14	P Hammond

PATROLLING REQUIREMENTS

Area	Requirement
Turn up	<ul style="list-style-type: none"> ▪ Sign on to the patrol using the patrol iPad you start patrol and let your Patrol Captain know if you are incapacitated in any way ▪ Wear the correct uniform at all times (patrol cap on and tied up) and remove your uniform when you finish patrol ▪ Don't leave the patrol area unless agreed with the Patrol Captain ▪ Look after yourself - stay hydrated, wear sunglasses and reapply sunscreen regularly
Be vigilant	<ul style="list-style-type: none"> ▪ Always have at least two members on the water's edge and always carry a rescue tube if you are swimming or at the water's edge ▪ Ensure that the patrol equipment (flags, boards etc) are as close to the water's edge as possible – regularly move the equipment as the tide changes ▪ Make sure you know your allocated task and that of your team members e.g. water's edge, first aid, IRB crewie etc
Service	<ul style="list-style-type: none"> ▪ Ensure swimmers remain between the red and yellow flags and warn swimmers outside the flags ▪ Be polite and courteous to member of the public at all times ▪ Don't congregate in the central patrol arena and don't allow non-patrol members in the patrol arena except in an emergency

PATROL UNIFORMS

On gaining any award that qualifies you to patrol, the club will supply you with a patrol uniform at no cost including shorts, long sleeved shirt, red and yellow quarter cap and hat.



If you wish to purchase club togs or other club merchandise you can do so at your own cost.

To arrange a replacement patrol uniform, please contact the club's administration team during the week or email the Club Captain at clubcaptain@coolumsurfclub.com.au to organise to collect one over the weekend.

As role models to the community generally and children specifically, it is important all patrol members adhere to SLSA's Sun Awareness Policy, by wearing either a red broad-brimmed hat or peaked cap (with the SURF RESCUE clearly displayed) whilst on patrol.

Patrol uniforms are not to be worn by any member unless they are participating in official club duties such as patrolling, fundraising or at community awareness programs.

AFTER HOURS EMERGENCY CALL OUTS

The club operates an Emergency Response Group made up of a group of volunteers who commit to be part of an after-hours callout service to complement and support emergency services.

Members interested in joining this service can contact the Club Captain for more information via email to clubcaptain@coolumsurfclub.com.au





MEMBER WELFARE AND PROTECTION

Surf Life Saving Queensland and the club are committed to the health, safety and wellbeing of all members. We are dedicated to providing a safe environment for those participating in surf lifesaving activities. The SLSA Member Protection Policy provides the guiding framework to ensure the safety of all members.

SLSQ further endeavours to provide a safe and supportive environment for children and young people through the implementation of the Child and Youth Risk Management Strategy as required by the Working with Children (Risk Management and Screening) Act 2000 (the Act) and the Working with Children (Risk Management and Screening) Regulation 2001. A key component of this strategy includes the policies and procedures regarding the Blue Card system

For further information regarding member protection policies and the Child Youth Risk Management Strategy, please contact the club's Member Officer via email to memberofficer@coolumsurfclub.com.au

WORKING WITH CHILDREN (Blue Card)

Our club, like all other Queensland clubs, must follow the policy as outlined by SLSQ.

SLSQ in turn follows the guidelines of the "Commission for Children and Young People and Child Guardians". For more detail, please refer to SLSQ's policy on 'Blue Card Screening'.

Club members over the age of 18 must obtain a Blue Card. Members should apply for a blue card at the age of 17.5 years in readiness to continue volunteering once they turn 18.

Application forms are available at the Lifesaving Administration Office

MEMBER GRIEVANCES

From time to time, there may be instances that arise when a member feels that they have been treated unfairly and may want to consider putting in a formal grievance or complaint.

The Club's Member Protection Information Officers (MPIO's) are the go-to people in the club for members to find out more information regarding dealing with problems and lodging formal complaints.

All dealings with MPIO's are strictly confidential and designed to provide advice and assistance on how to deal with issues and concerns. In most cases, mediation between two members is the most appropriate course of action and often results in a positive outcome for all involved.

If you have a concern that you would like to discuss with an MPIO, please contact the club's secretary via email to secretary@coolumsurfclub.com.au or you can contact an MPIO direct using contact details displayed on the club's noticeboards.



WORKCOVER INSURANCE

Volunteer lifesavers are covered against injury under the *Worker's Compensation Act 1990* which is coordinated by SLSQ on behalf of all Queensland clubs. A volunteer lifesaver is a registered member of an affiliated Club of SLSQ, irrespective of being a Bronze Medallion holder.

This includes members (14 years of age and over) in Active Cadet, Active Junior, Active Senior, Active Reserve, Long Service, Life Members, Award Members, Past Active, Probationary, Honorary, and Associate Member categories, undertaking approved duties.

Members are only covered, either in Queensland or temporarily anywhere else in Australia, if they are injured while engaged in any approved activity associated with being a volunteer lifesaver including:

- Undertaking approved duties as a volunteer lifesaver
- Undertaking approved training and competitive activities as a volunteer lifesaver
- Engaged in travel to and from the place at which approved duties or training activities are to be performed

It is the member's responsibility to contact the Club Secretary or administration office immediately following and no later than seven days, after an injury occurs.

If the treating doctor issues a Q-Comp Medical Certificate, the member will need to complete the Application for Compensation Form which is available from the administration office. WorkCover will then decide to accept or reject an application and will contact the member direct.

The claim must be submitted to WorkCover within 6 months of first seeing a doctor. Claims lodged after 6 months could result in a rejection from WorkCover Queensland.

It is important to note that, whilst a member is on restricted duties due to an active WorkCover claim, they are not covered by any insurance to enable participation in any lifesaving activities. It is the members responsibility to ensure compliance with imposed restrictions while on WorkCover. Failure to do so will be dealt with by the Management Committee as required.

PEER SUPPORT SERVICE

Surf Lifesavers operate in environments which are prone to the occurrence of traumatic events. These can include many types of incidents both on the beach and within the surf club surroundings.

The Surf Life Saving Queensland Peer Support Service is focused on enhancing the psychological wellbeing of Surf Life Saving members. Peer Support Officers can assist when members have been involved in a critical incident which continues to impact negatively on a members' health or ability to cope by providing an opportunity to talk confidentially about a members' experience following a traumatic event.

A full list of Peer Support Officers is available in the Patrol Operations Manual and is updated annually. Or to contact a Peer Support Officer, call the Membership Development team at Surf Life Saving Queensland on: (07) 3846 8000 or email peersupport@lifesaving.com.au

VALUES AND CODE OF CONDUCT

All members of Surf Life Saving Queensland are obliged to abide by the SLSQ Code of Conduct. This document ensures that all members kept safe and provided with a positive and healthy environment so ensure that every member can enjoy club life.

We have aligned the SLSQ Code of Conduct to our club values that all members are expected to uphold

Value	Code of Conduct
Unity	<ul style="list-style-type: none"> ▪ Maintain a duty of care towards others ▪ Be a positive role model to all
Fairness	<ul style="list-style-type: none"> ▪ Be impartial and accept responsibility for all actions undertaken ▪ Be ethical, considerate, fair, courteous and honest in all dealings with other people and organisations ▪ Refrain from any form of abuse, harassment, discrimination and victimisation towards others
Integrity	<ul style="list-style-type: none"> ▪ Be professional in, and accept responsibility for your actions ▪ Respect and protect confidential information obtained through SLS activities or services; whether individuals and/or organisational information
Respect	<ul style="list-style-type: none"> ▪ Respect the rights, dignity and worth of others – treat others as you would like to be treated yourself ▪ Show concern, empathy and caution towards others that may be sick or injured ▪ Ensure that any physical contact with others is appropriate and necessary for the persons skills development ▪ Refrain from intimate relationships with persons over whom you have a position of authority
Safety	<ul style="list-style-type: none"> ▪ Provide a safe environment for the conduct of activities in accordance with any relevant SLSA policy ▪ Maintain the required standard of accreditation and/or licencing of professional competencies, as required to the role(s)
Compliance	<ul style="list-style-type: none"> ▪ Be aware of and follow – at all times – SLS’ standards, rules, policies and procedures and promote those standards rules, policies and procedures to others ▪ Operate within the rules and spirit of the sport, including the national and international guidelines that govern SLS ▪ Understand the possible consequences of breaching the codes and or/this policy ▪ Report any breaches of the codes or this policy to the appropriate PPA ▪ Raise concerns regarding PPA through the appropriate channels and in a timely manner

Any breaches of the Code of Conduct will be dealt with by the Management Committee as per guidelines set out in the club’s Constitution and By-laws.

SURF SPORTS COMPETITION

Surf Sports is an integral part of the culture at the club. We have competitive teams in beach events, water events, surf board riding, surf-boats, IRB, surf rescue competitions and march past events. Getting involved in surf sports is a great way to enhance your lifesaving skills, maintain health and fitness and make lifelong friends.

All surf sports related events at the club are coordinated by the Surf Sports Officer who has a number of area captains and team managers as part of the team to help coordinate the various disciplines.

Members are encouraged to first compete at the Club Championships prior to competing at Branch, State and National level.

Members who wish to compete in carnivals must be active, proficient and financial members of the club and must also have satisfied their patrol obligations as defined by Surf Life Saving Queensland.

To be eligible to compete, a member must have completed their allocated patrols and have documented 25 patrol hours within the calendar year from the 1st January to the 31st December. This requirement is less for Reserve Active and Long Service patrolling members, please contact surfsports@coolumsurfclub.com.au if you require any clarification.

As per SLSA guidelines, members who do not complete the minimum required patrol hours during this period will not be eligible for competition rights and any subsidies and club benefits may be reviewed.



SURF SPORTS COMPETITION CAP AND TEAM UNIFORM

As a competitor for Coolum Beach Surf Life Saving Club, it is a requirement that you compete under our 'club colours' and wear the club cap during all competition events.

Surf Sports team uniforms are decided at the commencement of each season and will be provided to competitors by the Surf Sports Officer.



TRAINING TIMES AND VENUES

We have a variety of surf-sports coaches who provide training for competitors across the various disciplines:

- Beach Sprints and Flags
- Racing Mal's
- Surf Ski's
- Surf Board-Riding
- Surf Boat's
- IRB Racing

Professional pool swim coaching is available at the Coolum Aquatic Centre or St Andrews Peregian Pool on a subsidised basis.

Times and venues for all training disciplines are available on the club's website, notice boards and Team App. These sessions may be modified by the individual coaches from time to time to meet competition and surf condition safety requirements.

CLUB CHAMPIONSHIPS

Our Club Championships are held before Branch Titles. The Club Championships are a great way for members to get an introduction to surf sports carnivals and become part of a team that will progress through to Branch, State and Australian Titles.

The Club Championships include all the normal events that you would see at the Australian Titles and are an opportunity for members to get involved in surf sports and to help the area captains with team selection for the remainder of the competitive season.



KENNEDY CUP CLUB SWIM

The Kennedy Cup club swim is a handicap run-swim-run held each Sunday morning during the patrolling season. All members are encouraged to participate in the swim which is designed to allow you to be competitive throughout the season regardless of your skill or level of speed.

The prestigious Kennedy Cup trophy is awarded to the swimmer with the highest points at the end of the season Annual Dinner.



ACER CAMERON



Allan 'Acer' Cameron was a much-loved lifesaving club member in the 70's who was renowned for his ability to pull off impressive tricks on a rescue board. Sadly, he passed away at a young age flying planes in Papua New Guinea in 1988.

Each year the club runs a competitive 'board tricks' event in his honour.

The much sought-after Acer Cameron trophy is awarded to the winner of this event at the end of season Annual Dinner.



CARNIVAL NOMINATIONS

The following criteria must be met to be eligible for nominations:

- Must be an active and proficient member of the club
- Completion of the following minimum patrol hours in the Calendar Year preceding
 - Active Members (including SRCs) - 25 hours
 - Reserve Active – 12 hours
 - Long Service & Life Members - 8 hours
 - For new members, the number of patrol hours required is on a pro-rata basis of 4 hours per month up to the 31st December.

Nominations for surf-sports carnivals are organised by the area captains for each discipline in conjunction with the team managers. Carnival nomination costs are covered by the club.

Competition events include:

- Swimming (Surf Races, Tube Races, Ironman/Ironwoman, Board Rescue, Taplin Relay and Cameron Relay)
- Craft (Board Races, Board Relay, Ski Races, Ski Relay, Double Ski, Surf Boats, IRB and Board Riding)
- Beach (Sprints, Sprint Relay, Flags and March Past)
- Rescue and Resuscitation (R&R)
- First-Aid, Patrol Competition and Champion Lifesaver.

CONDUCT AT CARNIVALS

When you are touring or competing at carnivals you are representing your club, and must behave accordingly. The Team Manager will sign a declaration form for each carnival, guaranteeing that the conduct of members will not breach the SLSQ or SLSA Code of Conduct Policy. If a breach does occur, not only does the Team Manager face disciplinary action but also the competitor and club may be penalised.

The following basic rules MUST be observed and any breach of the clubs “Code of Conduct” will be dealt with by the Management Committee

- At all carnivals and whilst on tour, the competitor must conduct themselves in a professional manner
- Competitors who are representing Coolum Beach SLSC must wear sanctioned club swim wear whilst participating at the event
- The competitor is required to compete to the best of their ability
- Underage drinking will NOT be tolerated and members breaching this policy will be sent home at the parents cost and may face the Judiciary Committee
- Any legal age member or parent supplying alcohol to underage members will face disciplinary action
- Under 18 members will be required to abide by any curfews set by the Team Manager
- Underage male and female members are not permitted in each-others’ rooms. Please remember the Team Manager has the overall responsibility

COMPETITION GEAR AND EQUIPMENT

Please remember when you are using equipment that is the property of the club, you have responsibility for maintaining it at the highest level.

Every year the cost of repairs and maintenance for careless use of equipment runs into thousands of dollars and it is in everyone's best interest to respect the Club equipment.

ALL DAMAGE MUST BE REPORTED IMMEDIATELY TO THE CLUB'S GEAR STEWARD

Board and ski competitor surf sports equipment is allocated at the start of the season by the Surf Sports Officer in liaison with the club's Gear Steward, and Board and Ski Captain.

The allocation of equipment and purchase of new equipment is guided by the club's Board and Ski Allocation Policy and Equipment Funding Policy, both of which are available for all members on Team App

For further information regarding surf sports, competitor gear allocation and purchase or to find out how to get involved, please contact the Surf Sports Officer at surfsports@coolumsurfclub.com.au



FUNDRAISING

We rely on members throughout the year to optimise its fund-raising opportunities. All funds generated from fund raising events, are channelled back to the club for the purchase of lifesaving equipment, upgrade and maintenance of member facilities and purchase of surf sports gear.

SPONSORSHIP

Like all community clubs, we also rely on our generous sponsors to assist us with the high cost of the running of the club. The club offers four levels of sponsorship from Major through Gold to Bronze level.

All the money raised by the club under sponsorship agreements goes back into providing gear and equipment to ensure the club offers the highest standard in its efforts to continue saving lives.

Thanks to our sponsors for helping us keep the beach safe.

CORPORATE PARTNER
COOLUM BEACH SURF LIFE SAVER CLUB

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MEMBER EVENTS

We are first and foremost, a volunteer lifesaving club with our key business being patrolling the beach. However, in addition to the above, we are also like a second family to a lot of our members and have a great social culture within the club.

Each year, there are a number of key events that are held to enable members to come together to catch up and celebrate all the great things about being part of club life. Please note that these events are subject to change and may be affected during the 2020 / 2021 season as a result of the club's COVID-19 response.

Club Captain 'Back to Patrol' Party

Held at the start of each season to welcome old members back to patrol and new members to the fold.

Annual Back to Coolum Day

Our annual reunion event which sees many past active members come together to celebrate the days past and how far the club has come over our long history.

Member Christmas Party and Nipper Christmas Party

Each section of the club welcomes in the Christmas season with an end of year celebration, attracting some big names such as Santa himself!

Nipper Break Up Party

At the end of the Nipper season, the little ones get together for a day of fun to let off steam after a season of training and competing together

Annual Presentation Night

The most prestigious event on the season calendar, this is a special night to celebrate all the wonderful people in the club and commemorate some outstanding achievements throughout the season



COOLUM BEACH SURF LIFE SAVING SUPPORTERS CLUB INC

Delivering the lifesaving and member services involves substantial annual expense which is predominantly met by funds from our Corporate Partner, the Coolum Beach Surf Life Saving Supporters Club Inc.

The Supporters Club is an ancillary body of our lifesaving club. Their significant funding largely underwrites operating costs of the club and help us to keep patrols on the beach.

The Supporters Club is run by the General Manager, Mal Wright in conjunction with the Supporters Committee, all of who are members of our life saving club:

President	John Ellingsen
Honorary Secretary	Peter Howard
Treasurer	Garry Green
Deputy President	Ernie Burrows
Committee Member	Paul Norman
Committee Member	Lee Francey
Committee Member	Gary Barben



As stewards of the funds raised on behalf of Coolum Beach Surf Life Saving Club, the Supporters Club has a fiduciary responsibility to run the club professionally with respect to their operational activities. This enables them to keep Coolum Beach safe for both locals and visitors alike.

One of the many great benefits of being an active member of the lifesaving club is complimentary reciprocal membership with our award-winning Supporters club. Members receive a 30% discount on meals at the restaurant and Active Member discounts on beverages from the bar.

Members are reminded of their rights and responsibilities attached to the holding this discount card and are directed to the Supporters Club website to ensure that they are familiar with the Code of Conduct, which is to be complied with at all times when inside the venue.

CONTACT DETAILS

Coolum Beach Surf Life Saving Club

1775 David Low Way, Coolum Beach QLD 4573

Phone: 07 5446 1148

Website: www.columsurfclub.com.au

Email: admin@coolumsurfclub.com.au

Sunshine Coast Branch

Postal Address: PO Box 85, Mooloolaba QLD 4557

Phone: 07 5414 1600

Fax: 07 54141650

Website: www.rescuesunshinecoast.com.au

Email: ssbranch@lifesaving.com.au

Surf Life Saving Queensland

Postal Address: PO 3747, South Brisbane QLD 4001

Phone: 07 3846 8000

Fax: 07 3846 8008

Website: www.lifesaving.com.au

