

## **SKILLS MAINTENANCE POOL SWIM SEASON 2019-20**

### **Objective**

The purpose of this policy document is to outline clear the requirements for the pool swim component of the skills maintenance for the 2019-20 season.

### **Policy Statement**

All Coolum Beach SLSC members wishing to become Bronze Medallion or Surf Rescue Certificate proficient at our club for the 2019-20 season, are required to complete a 400m (or 200m for SRC) continuous freestyle swim in a pool not less than 25m, in a session conducted and recorded competent by a Coolum Beach SLSC approved assessor, a Coolum Beach endorsed person or an accredited swim coach.