

# SYDNEY TRAIL SERIES

## ST IVES 10.5km Course

St Ives Showground  
 Ku-Ring-Gai Chase National Park  
 Ku-Ring-Gai Wildflower Gardens



10.5km runners complete two laps of Mueller track Loop

Aid Station 1 Wildflower Gardens 2.3km, 5.4km & 8.5km

Ku-Ring-Gai Wildflower Garden

Shared trails with other walkers and runners  
 Please be courteous to other trail users

**START & FINISH**

### LEGEND

- Course Route
- Sealed Road
- Walking Track only
- Public toilet

Contour Interval: 10m  
 \* Map is oriented to grid north  
 Magnetic Variation is 12.2° (East)

Topographic Data Source: Land and Property Information  
 NSW Government www.lpi.gov.au  
 Projection: UTM, Map Datum: GDA94

Map created: www.eventsafetyservices.com.au ver:111017



62 69 000 N

MARSHAL 3

MARSHAL 2

MARSHAL 1

KU-RING-GAI WILDFLOWER GARDEN

St Ives Showground

ST IVES SHOWGROUND

Management Trail

FIRST ROCKS

RICHMOND AVE

NORTH ST IVES

MCINTOSH LOOKOUT

driver safety centre

driver safety centre

MONA VALLEY

Scale: Metres (m)



331 000 E

32

rubbish

PL

330kV

Kuring-gai Creek

7km

Solander Trail

5km

8km

2km

9km

1km

10km

10.5km

ford

100

GRN VALLEY AVE

KITCHENER ST

MCINTOSH PARK

Middle Harbour

Harbour

166

40

50

Mueller Track

3km

6km

locked

locked

locked

nursery

driver safety centre

driver safety centre

rubbish