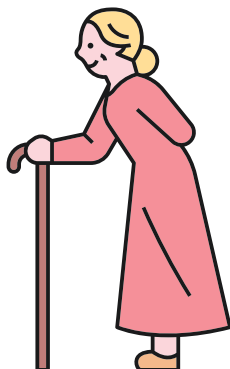
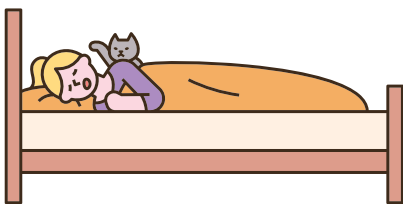
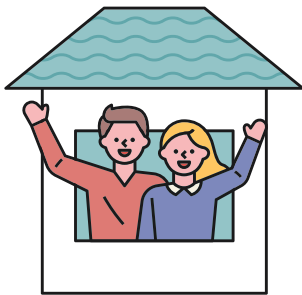




What can I spend my funding on?



Assistance with Daily Life

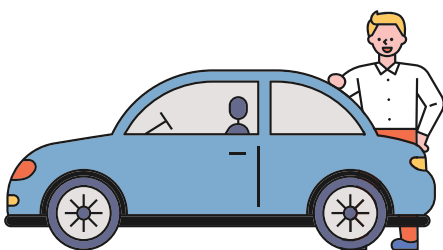
You might see this written on your plan under the heading CORE. You can use this money for:

- Accommodation – STA (short term accommodation) – this is like a short holiday at another house. Sometimes this will be just you, sometimes this will be shared with other people
- Personal activities - help to have a shower, cook food, do washing, tidy your house
- Things to help you in the house – such as a shower chair, or a waterproof bedsheet
- Things to help you move around – such as a walking frame, walking stick
- Some repairs to your wheelchair or other disability equipment



Assistance with Daily Life

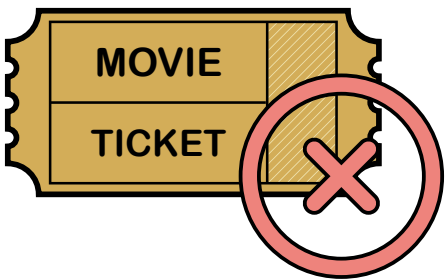
- Meal delivery – only from certain places, and only if NDIS says it is OK. You will need to pay for some of it too
- Somebody to come and mow the lawn and tidy the garden if you can't do it by yourself
- Somebody to help with cleaning the house



Transport

You might see this written on your plan under the heading CORE.

- This money helps you pay for specialised transport, like a bus that can take you to school, work, or somewhere else in the community
- Sometimes, NDIS puts money in your bank account to help you pay for taxis, or your support worker



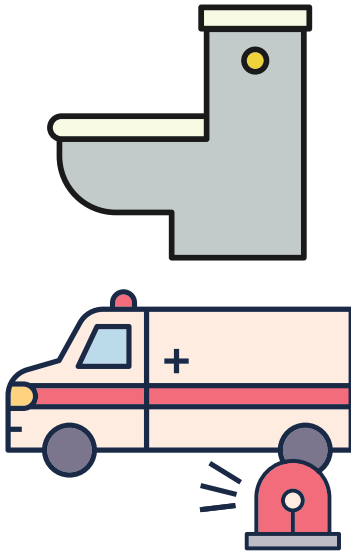
Assistance with Social and Community Participation

You might see this written on your plan under the heading CORE. You can use this money for:

- going to a group activity at a centre or out somewhere else in the community
- having your support worker take you somewhere fun and exciting
- having your support worker take you to appointments
- this is not spending money for you to take out into the community and it won't pay for your tickets to go to movies, or into concerts

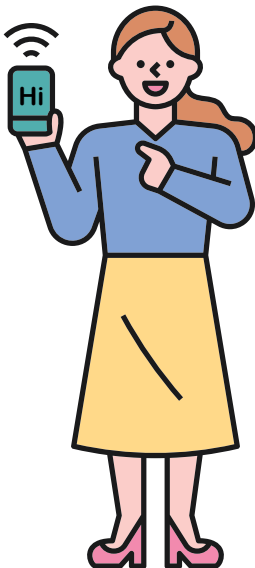
Consumables

you might see this written on your plan under the heading CORE.



This money can be used for:

- some people might use this to buy pull-ups or nappies, or other equipment that helps them go to the toilet
- a personal alarm – this is like a necklace that lets your family or other people know if you need help



Assistive Technology

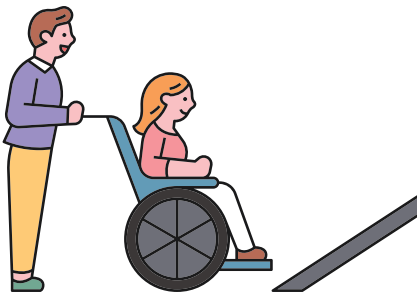
You might see this written on your plan under the heading CAPITAL.

This money can be used for:

- equipment that you might need for moving around - such as orthotics (goes inside your shoe to support your foot), a prosthetic (if you have had an arm or leg removed, they will make you a new one), a walking frame that helps hold your body standing up, a wheelchair, a ramp so your wheelchair can go inside your house, hearing aids, changes to your car so your wheelchair can fit in
- some people might need to buy equipment to help them talk to other people
- all different people need all different equipment! The list goes on for a very long time!

Home Modifications

You might see this written on your plan under the heading CAPITAL.



- NDIS might give you money for things you need changed at your house to make it easier for you to live there. This might be changing your bathroom so that there is enough room for you, your worker, and your shower chair to fit in there together; adding a ramp so your wheelchair can go inside; adding a lift so you can get upstairs safely.
- NDIS will only give you this money if they think you need help with living safely. It is not in everyone's plan.



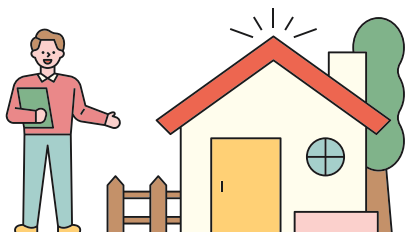
Coordination of Supports

You might see this written on your plan under the heading CAPACITY BUILDING.

This money is used to pay a Support Coordinator. Some people call it Coordination of Supports.

A Support Coordinator will look at your plan with you, and talk to you about what you would like to do with it.

They will help you find the right people and services to help you do those things. You might like to join a social group, or have a support worker take you shopping. A Support Coordinator will help you organise that.



Improved Living Arrangements

You might see this written on your plan under the heading CAPACITY BUILDING. This money is to have someone help you to apply for a rental, or other suitable housing, and make sure the home and area is appropriate to your needs.

Increased Social and Community Participation

You might see this written on your plan under the heading CAPACITY BUILDING.



This money is to have someone help you to learn about going into the community safely. They can teach you things like – how to catch a bus or train, or how to order food at the cafe.



It can also be used to pay for art classes, social camps, and special tools/equipment you might need for this, such as a glove to help you grip the paint brush.

Finding and Keeping a Job

You might see this written on your plan under the heading CAPACITY BUILDING.



This money would go to a Disability Employment provider. They can teach you the skills for getting a job, such as helping with reading and writing, skills with numbers, how to talk to customers, how to budget, how to write a resume, and even some experience working somewhere to practice everything.

Improved Relationships

You might see this written on your plan under the heading CAPACITY BUILDING.

This money is for paying a person who knows all about behaviour, to help you understand what your behaviour is, why you do it, and what might work better for you.

- They will then train you, your family, teachers, or your support workers learn how to help you.

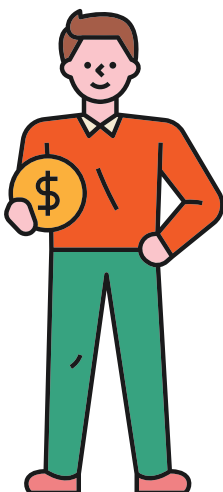


For example, if you have been yelling at your support workers and family, and making them upset. The Behaviour Specialist can help you figure out why you feel like yelling, and how to talk to people easier.

Improved Life Choices

You might see this written on your plan under the heading CAPACITY BUILDING.

This money pays the Plan Manager. The Plan Manager is the person who pays all your NDIS bills for you.



Improved Health and Wellbeing

You might see this written on your plan under the heading CAPACITY BUILDING.



This money is for:

- a dietitian – they can help you learn about healthier foods to eat, to make your body feel better
- an Exercise Physiologist – this is someone who can help you find ways to exercise and move your body, no matter what kind of disability you have. This might be by yourself, or with other people
- a personal trainer – this person can meet you at your home, the gym, or even in the park, and help you learn how to exercise for your body to feel better.

Improved Learning

You might see this written on your plan under the heading CAPACITY BUILDING.

If one of the goals in your NDIS Plan is to get a certain job, and you need training for that job this funding pays for supports to help you do this course.

They can help you:

- fill in the forms
- help you study
- help you organise transport
- offer training to teachers to help them support and understand your needs
- help you deal with anxiety or stress



Improved Daily Living

You might see this written on your plan under the heading CAPACITY BUILDING.

This funding pays for all sorts of things:

- support from a nurse
- seeing a counsellor or psychologist
- seeing an Occupational therapist – they can look at the way you do things, and help make it easier for you
- seeing a Speech therapist – they can help you with reading and writing as well, not just talking
- seeing a physiotherapist- they can help parts of your body move easier
- therapy assistants – they will help you do the exercises from the OT, speech therapist or physiotherapist
- seeing a podiatrist to check your feet

